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I claim:

- 1. A composition comprising an electrode with a covalently attached redox active complex comprising a binding ligand and a solvent accessible transition metal complex.
- 5 2. A composition according to claim 1 wherein said solvent accessible transition metal complex has at least two coordination sites occupied by polar coordination groups.
 - 3. A composition according to claim 1 wherein said solvent accessible transition metal complex has at least one coordination site occupied by a water molecule.
 - 4. A composition according to claim 1 wherein said electrode further comprises a self-assembled monolayer.
 - 5. A composition according to claim 1 wherein said solvent accessible transition metal complex is covalently attached to said electrode via a conductive oligomer.
 - 6. A composition according to claim 1 wherein said solvent accessible transition metal complex is linked to said binding ligand to form a redox active complex.
 - 7. A composition according to claim 1 wherein said binding ligand is covalently attached to said electrode via a conductive oligomer.
 - 8. A method according to claim 1, wherein said solvent accessible transition metal complex has a solvent reorganization energy of greater than about 1200 mV.
 - 9. A method of detecting a target analyte in a test sample comprising:
 - a) binding an analyte to a redox active complex comprising:
 - i) a solvent accessible transition metal complex having at least one coordination site occupied by a polar coordination group; and
 - ii) a binding ligand that will bind the target analyte;

wherein said redox active complex is bound to an electrode, such that upon binding, a solvent inhibited transition metal complex is formed; and

b) detecting electron transfer between said solvent inhibited transition metal complex and said electrode.

- 10. A method according to claim 9, wherein said solvent accessible transition metal complex has a solvent reorganization energy of greater than about 1200 mV and said solvent inhibited transition metal complex has a solvent reorganization energy of less than 1000 mV.
- 11. A method according to claim 9, wherein the solvent reorganization energy of said solvent inhibited
 5 transition metal complex decreases by at least 100 mV upon binding of said analyte to form said solvent inhibited transition metal complex.
 - 12. A method according to claim 9, wherein upon binding, at least one solvent accessible transition metal complex is less than 8 Å from the bound analyte such that it forms said solvent inhibited transition metal complex.
- 10 13. A method according to claim 9, wherein said polar coordination group is a water molecule.
 - 14. A method according to claim 9 further comprising applying at least a first input signal to said solvent inhibited transition metal complex.
 - 15. A method according to claim 14 wherein in the absence of target analyte, said first input signal does not result in significant electron transfer.
 - 16. A method according to claim 14, wherein said first input signal comprises at least an AC component.
 - 17. A method according to claim 14 further comprising applying input signal at a plurality of frequencies.
 - 18. A method according to claim 14, wherein said first input signal comprises at least a DC voltage.
- 20 19. A method according to claim 18 further comprising applying input signal at a plurality of voltages.
 - 20. A method according to claim 9 wherein said detecting is by receiving an output signal characteristic of electron transfer between said solvent inhibited transition metal complex and said electrode.
 - 21. A method according to claim 20 wherein said output signal is a current.
- 25 22. A method according to claim 21 wherein said current is an AC current.

- 23. A method according to claim 9, wherein said binding ligand is covalently attached to said solvent accessible transition metal complex.
- 24. A method according to claim 9, wherein said ligand is covalently attached to said electrode.
- 25. A method according to claim 9, wherein said solvent accessible transition metal complex is
 5 covalently attached to said electrode.
 - 26. A method according to claim 25 wherein said covalent attachment is via a conductive oligomer.
 - 27. A method according to claim 9, wherein said analyte is a biomolecule.
 - 28. A method according to claim 27, wherein said biomolecule is selected from the group consisting of proteins, carbohydrates, and lipids.
 - 29. An apparatus for the detection of target analytes in a test sample, comprising:
 - a) a test chamber comprising a first and a second measuring electrode, wherein said first measuring electrode comprises a covalently attached redox active complex comprising:
 - i) a solvent accessible transition metal complex having at least one coordination site occupied by a polar coordination group; and
 - ii) a binding ligand;
 - b) an AC/DC voltage source electrically connected to said test chamber.
 - 30. An apparatus according to claim 29 wherein said covalent attachment is via a spacer.
 - 31. An apparatus according to claim 29 further comprising a processor coupled to said electrodes.
- 20 32. An apparatus according to claim 29 wherein said electrode further comprises a self-assembled monolayer.